

## WAYS TO FIND OUT MORE ABOUT UNITED PRESBYTERIAN CHURCH

Call the church office at 715-392-4751.



Follow us on Facebook.

### HELPFUL TO KNOW

If you'd like to join us for Sunday worship service live, please go to our Facebook page or YouTube and connect with the following link:

<http://upc-superior.com/youtube>

Please feel free to place any questions you may have by replying in the comments section (YouTube), or contact the church office by phone or email and request to be added to our email list.

### PRAYER REQUEST

The Pastor is always glad to share prayer requests during the Prayer Time during each worship service. You can share a prayer request online in the comments section (YouTube) and by contacting the church by email or phone.

The Prayer Chain may be activated by calling  
Jan Heckman at 715-392-1072 (jan\_KB9LTA@yahoo.com) or  
Dean Hecht at 715-398-6532.

**Choirmaster & Handbell Director**

**Church Secretary**

**Custodian**

**Interim Director of Children,**

**Youth & Family Ministries**

**Interim Nursery Coordinator**

**Financial Secretary**

**Organist & Pianist**

**Pastor**

**Treasurer**

Jane Wester

Tiffany Willie

Beth Lisak

Laura Foote

JoAnn Rush

Jan Letsos

Alexander Sandor

Rev. Brett M. Foote

Christy Willmore



**UNITED  
PRESBYTERIAN  
—CHURCH—**

*A congregation of the  
Presbyterian Church (U.S.A)*

**229 North 28th Street East  
Superior, WI 54880**

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**Online Worship**

**Fourth Sunday after Epiphany**

**January 23rd, 2022**

**10:00 A.M.**

If you are at home, please light a candle to remind yourself of the presence of God.

\* Please rise in body or spirit

**PRELUDE  
WELCOME AND ANNOUNCEMENTS**

**Alex Sandor**

**\*INTROIT We've Come This Far By Faith #656**

**\*CALL TO WORSHIP (Adapted from Psalm 109)**

One: Do not be silent, O God of our praise.

**All: Sometimes people speak ill of us and in return for our love they accuse us, even while we pray for them.**

One: Many have cursed others, many have acted wickedly and many have not shown kindness.

**All: May justice reign and grace abound.**

One: For we are poor and needy, we can't do this all alone.

**All: Help us, O Lord our God! Save us according to your steadfast love.**

One: With our mouths we will give great thanks to the Lord.

**All: We will praise you, our God.**

**\*HYMN Holy God We Praise Your Name #4**

**PRAYER OF CONFESSION**

One: Let us pray.

**All: God of the body, we confess that we over exert ourselves. We confess that sometimes we strain a muscle overworking a body part that needs to be built up. We confess we are impatient when we can't see the progress. Help us to work slowly but faithfully. Help us to push ourselves spiritually and physically but not over exert. Help us to build up our body and trust the other members. Help us to become a church that honors and glorifies you. Forgive us for those times where we jump the gun, over exert, or rely on the wrong part. In the name of the Holy Trinity we pray. Amen.**

**ASSURANCE OF PARDON**

One: Levi MacAllister wrote in his poem *"Keep Forgiving"*: Keep forgiving as forgiven. as every pointer finger bent backwards and broken like the moment all of my indictments return to me, and the bullets ricochet straight back in on my gunsights. Well this is a small lens from which to view the world. Keep forgiving as forgiven. We don't always get to wear the white hat. Pardon is not always preceded by repentance. In fact, i think it's exactly the opposite. If it were not for love, i would have never come back. Keep forgiving. You can't unsee what you've seen, but the world is colorful, ferocious and majestic without small men or straw men or me to blow smoke and mirrors from our machinery. The toggle switch is reductionistic. Let the pin go. Decrease. Hate is a prison. Keep forgiving. Keep forgiving me. I've told my stories, but they're yours. you may never get your apology. And, on the day you do, it may not mean a thing. Keep forgiving.

United, life is full of mistakes and problems but it is also full of people like you and me that have a power that is from God. The power to forgive. Situations become broken wether it is with ourselves, in our family, our relationships, or our friendships. The church gets things wrong too. Our calling that Levi reminds us of so well here is to keep forgiving as forgiven by a God who loves us. Witness and believe the good news of the Gospel: because of Christ's birth, life, death, and resurrection...

**All: We are all forgiven. Amen.**

**\*PASSING THE PEACE**

You are invited to bless those around you with the words, **"The peace of Christ be with you."** (You may pass the peace in the comments section if online. Say hello to one another. In person we encourage you to minimize contact with others.)

**RESPONSE: Choir Anthem**

**TIME WITH CHILDREN Laura Foote**

**SCRIPTURE READINGS  
Old Testament Reading Nehemiah 8:1-3, 5-6, 8-10**

**SERMON "Exercising The Body: One Part At A Time & Over Exertion"  
Rev Brett M. Foote  
New Testament Reading 1 Corinthians 12:12-31a**

**\*HYMN We Are The Church United**

**OFFERING  
MOMENT FOR STEWARDSHIP & MISSION  
OFFERTORY Alex Sandor  
\*RESPONSE #609**

**Praise God from whom all blessings flow;  
Praise God all creatures, here below. Alleluia, alleluia!  
Praise God, in Jesus fully known:  
Creator, Word, and Spirit one.  
Alleluia, alleluia! Alleluia, alleluia, alleluia!**

**\*PRAYER OVER OFFERING**

One: Let us bless these gifts.

**All: God of the body, we offer all our gifts to you, our lives, our passions and so much more. Bless these tithes and offerings. Bless our mission and vision as the church, as we love alongside our neighbors for the betterment of our community. May we be good stewards of these gifts and may we be generous neighbors. In each and every gift we give, whether it be time, talents, or treasures, may we reflect Christ to others. Help us to connect with and care for our community so that Superior, Duluth, and the surrounding areas may know God's love. In the name of the Holy Trinity, Amen.**

## TIME FOR PRAYER

**Prayers to be Shared** Please email the church with your prayer requests or share them in the comments section. (YouTube)

**Silent Prayer**

**Pastoral Prayer**

## LORD'S PRAYER

**All: Our Father who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day, our daily bread. Forgive us our debts as we forgive our debtors. And lead us not into temptation but deliver us from evil. For thine is the kingdom, the power, and the glory, forever and ever. Amen.**

**\*CLOSING HYMN** I'm Gonna Live So God Can Use Me #700

**\*BENEDICTION**

**\*POSTLUDE**

Alex Sandor

## NEW TESTAMENT READING

*1 Corinthians 12:12-31a*

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and we were all made to drink of one Spirit.

Indeed, the body does not consist of one member but of many. If the foot were to say, 'Because I am not a hand, I do not belong to the body', that would not make it any less a part of the body. And if the ear were to say, 'Because I am not an eye, I do not belong to the body', that would not make it any less a part of the body. If the whole body were an eye, where would the hearing be? If the whole body were hearing, where would the sense of smell be? But as it is, God arranged the members in the body, each one of them, as he chose. If all were a single member, where would the body be? As it is, there are many members, yet one body. The eye cannot say to the hand, 'I have no need of you', nor again the head to the feet, 'I have no need of you.' On the contrary, the members of the body that seem to be weaker are indispensable, and those members of the body that we think less honourable we clothe with greater honour, and our less respectable members are treated with greater respect; whereas our more respectable members do not need this. But God has so arranged the body, giving the greater honour to the inferior member, that there may be no dissension within the body, but the members may have the same care for one another. If one member suffers, all suffer together with it; if one member is honoured, all rejoice together with it.

Now you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers; then deeds of power, then gifts of healing, forms of assistance, forms of leadership, various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak in tongues? Do all interpret? But strive for the greater gifts. And I will show you a still more excellent way.

## United Presbyterian Church Weekly Calendar

### SUNDAY 1/23

8:45 AM Chancel Choir Rehearsal

9:15 AM Sunday School

10:00 AM Morning Worship

Annual Meeting following Worship

11:30 AM Confirmation

11:30 AM Bell Choir Rehearsal

4-5 PM Community Dinner (Drive-thru)

6 PM Volleyball

### MONDAY 1/24

3:45-8 PM Piano Lessons

6 PM Cub Scouts

### TUESDAY 1/25

4-8 PM Piano Lessons

### WEDNESDAY 1/26

12 PM Staff Meeting (Zoom)

3-7 PM Piano Lessons

### THURSDAY 1/27

7 PM AA Meetings

### FRIDAY 1/28

1 PM UPBeat Mailing

### SATURDAY 1/29

#### Birthdays This Week

1/24 Laurie Ostrowski

1/27 Gianna Johnson

1/27 Lyn Larson

1/28 Randolph Axt

1/29 Hunter Willmore

1/29 Courtney Cairns

#### LOOKING AHEAD

January 28

February 5

UPBeat Mailing

Fisharama

#### DID YOU KNOW YOU CAN DONATE ONLINE?

At United Presbyterian Church, we offer many opportunities to give of yourself to glorify God. From signing up to volunteer to donating financially, if you'd like to support the mission and vision of the church you can do so at the following link:

<https://www.upc-superior.com/donate>

## OLD TESTAMENT READING

**Nehemiah 8:1-3, 5-6, 8-10**

All the people gathered together into the square before the Water Gate. They told the scribe Ezra to bring the book of the law of Moses, which the Lord had given to Israel. Accordingly, the priest Ezra brought the law before the assembly, both men and women and all who could hear with understanding. This was on the first day of the seventh month. He read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law. And Ezra opened the book in the sight of all the people, for he was standing above all the people; and when he opened it, all the people stood up. Then Ezra blessed the Lord, the great God, and all the people answered, 'Amen, Amen', lifting up their hands. Then they bowed their heads and worshipped the Lord with their faces to the ground. So they read from the book, from the law of God, with interpretation. They gave the sense, so that the people understood the reading.

And Nehemiah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, 'This day is holy to the Lord your God; do not mourn or weep.' For all the people wept when they heard the words of the law. Then he said to them, 'Go your way, eat the fat and drink sweet wine and send portions of them to those for whom nothing is prepared, for this day is holy to our Lord; and do not be grieved, for the joy of the Lord is your strength.'

## ANNOUNCEMENTS

### CURRENT COVID PROCEDURES

Session unanimously approved a motion from the Worship Committee to require masking for worship. Session and the worship committee will be monitoring the Covid-19 situation and will make changes as necessary.

### ICU NEEDS

We are currently asking for donations of **hand warmers, mittens, hats, wool socks, and scarves** for the Inclusive Care Unit. Please bring in new items or very gently used ones. Items that are worn out will not be considered. Please bring in donations during office hours. Thank you!

### VOLLEYBALL

Volleyball will be played every Sunday between 6pm -7:30pm in the UPC gym. The church requires you wear a mask. Come join the fun and bring another player along.

We had 8 for Volleyball last Sunday, good sets and spikes by all! Games can be seen on ESPN JESUS.

### CHANCEL CHOIR AND BELL REHEARSALS

Chancel Choir rehearsals will take place Sundays at 8:45 AM, and Bell Choir will rehearse at 11:30 AM.

### NURSERY AVAILABILITY

The nursery is now staffed 15 minutes before the service until 15 minutes after for children from new born up through 4 years old. The nursery is located to the left of the Narthex when facing the front, through the two glass doors, and it is the first door on the right.

## ANNOUNCEMENTS

### FISHARAMA AND FUN

Join us February 5th for a day filled with fishing (if you wish) and fun at Amnicon Lake. There will be inside activities at Lisak's for those who don't want to fish. More information to follow.

### ANNUAL MEETING

The Church Annual Meeting will be immediately after the worship service today, January 23rd.

### CHILDREN, YOUTH, AND FAMILY MINISTRIES DIRECTOR

Applicants Sought

UPC is seeking applicants for a part-time Children, Youth, and Family Ministries Director (20-22 hours per week). Duties include but are not limited to providing opportunities for children and youth to meet, fellowship, develop relationships with Christ; providing opportunities for adults, youth, and children to serve peers, church, and community; leading biannual or annual mission trips; working with the Pastor to involve youth and children in worship; planning and coordinating Christian education; supervising the lead nursery worker; fundraising for youth activities; going to children's and youths' activities; overseeing the church's sports program; and encouraging youth participation in wider church events. A minimum of an associate degree is required; a bachelor's degree with an emphasis in bible or ministry is preferred. Relevant experience with college, youth, or children's ministry will be considered an asset. Pay and benefits are competitive.

To apply, please submit a cover letter and resume to Deborah Schlacks at [desertswan@aol.com](mailto:desertswan@aol.com), and Pastor Brett Foote at [bfoote.upc@gmail.com](mailto:bfoote.upc@gmail.com). Please note that both a cover letter and a resume are required. If you have questions, please call the church office at 715-392-4751. Initial review of applications will be completed by 1/30/21.

### DONATIONS NEEDED

The Mission committee is partnering up with Pilgrim Lutheran and West Minister Presbyterian Churches in accepting donations for children K-12. Monetary donations are welcomed, and checks can be made out to the church, with "School donations" in the memo line. These are the items that are currently being accepted for this project: **Scarves, hats, mittens and gloves, socks, and underwear**. A box can be found at the back of the Narthex to put donations in. Thank you!

### CYF IS GOING TUBING!

#winterfun

**When:** Saturday, February 19

**Where:** Mont du Lac

**Time:** 1p - 4p

**Cost:** \$15

**For:** The whole family!

After tubing we'll plan to eat pizza together outside.

*\*There will be a limit of 30 people at this event. Sign-up by 2/14.*

Invite your friends and sign-up here:

<https://www.signupgenius.com/go/9040F45ACA629A0F85-tubing>

# We've Come This Far by Faith 656

We've come this far by faith, lean-ing on the Lord,

trust-ing in the ho - ly Word; God's nev-er failed us yet.

O, can't turn a - round, we've come this

far by faith. We've come this far by faith.

# 4 Holy God, We Praise Your Name

1 Ho - ly God, we praise your name; Lord of all, we  
2 Hark! The glad ce - les - tial hymn an - gel choirs a -  
3 All a - pos - tles join the strain as your sa - cred  
4 Ho - ly Fa - ther, Ho - ly Son, Ho - ly Spir - it:

bow be - fore you. All on earth your scep - ter claim;  
bove are rais - ing; cher - u - bim and ser - a - phim,  
name they hal - low; proph - ets swell the glad re - frain,  
three we name you, while in es - sence on - ly one;

all in heaven a - bove a - dore you. In - fi - nite your  
in un - ceas - ing cho - rus prais - ing, fill the heavens with  
and the bless - ed mar - tyrs fol - low, and from morn to  
un - di - vid - ed God we claim you, and a - dor - ing,

vast do - main, ev - er - last - ing is your reign.  
sweet ac - cord: "Ho - ly, ho - ly, ho - ly Lord!"  
set of sun, through the church the song goes on.  
bend the knee while we own the mys - ter - y.

# We Are the Church United

Laura Fuller and Henry Hanna

Laura Fuller © 1998

C Am7 Em G7  
 We are the church u - nit - ed com - ing to - geth - er to  
 Am G7 C G7  
 Pray for God's bless - ings up - on us,  
 C Am7 Em G7 G#7  
 We are the church u - nit - ed join - ing our voi - ces in  
 Am G7 C *Fine*  
 Praise and thanks - giv - ing to God. 1. A  
 2. One  
 Am Em  
 new day has come, And We ask your guid - ance,  
 Lord is our Lord, One word is our man - date,  
 Am G  
 Lead us a - long the way, We  
 One hope that leads us on, We're  
 Dm Am  
 praise to the Fath - er, Son and the Spir - it,  
 trav' - ling a new road, Foll' - wing a vis - ion,  
 E7 Am G7 *D.C. al Fine*  
 Grant us a great new day, Oh,  
 God's will, it shall be done, Oh,

# 700 I'm Gonna Live So God Can Use Me

1 I'm gon - na live so (live so)  
 2 I'm gon - na work so (work so) God can use me an - y -  
 3 I'm gon - na pray so (pray so)  
 4 I'm gon - na sing so (sing so)  
 I'm gon - na  
 I'm gon - na  
 I'm gon - na  
 I'm gon - na  
 where, Lord, an - y - time!  
 (an - y - time!)  
 live so (live so)  
 work so (work so) God can use me an - y -  
 pray so (pray so)  
 sing so (sing so)  
 where, Lord, an - y - time!  
 (my Lord,) (an - y - time!)